



Confirmation for Adults Saint Ambrose Parish

There are instances when an adult desires to receive the Sacrament of Confirmation. This information is for those who have already been Baptized and have received First Eucharist.

Some Common Beliefs:

- ✚ A deepening of the Baptismal life which enables outreach as witnesses of Jesus Christ
- ✚ An increase of the gifts of the Holy Spirit – personal relationship to Jesus and extended to brothers and sisters in Him
- ✚ Greater unity with the Church and stronger bonds of membership with the church (parish) community
- ✚ A firmer commitment to the faith of Jesus Christ in both the private and public forums

Some Realities:

- ✚ Preparation for children and youth assumes *anticipation* of their lifelong commitment to the faith of Jesus and the practice of that faith through the church; responsibility is taught and lived examples of such are offered through parish programs with the intent that at an adult age, the individual will continue practice on his/her own; a looking forward to adult ownership of faith
- ✚ Preparation of adults *assumes active participation* to some degree in the practice of the faith *through engagement in the church at the time of preparation*; in other words, an express desire to be confirmed in the faith highlighted by the faith life that is already in practice
- ✚ The right intention and the right disposition is required on the part of the recipient for all sacraments

Reflection:

The preparation of children and youth is not the same for adults. Adults who choose to be confirmed need to be capable of articulating that desire in the light of the “Some Common Beliefs” listed above. *To what degree are they living the faith life now?*

Active engagement in the life of the Church is not anticipated (as in youth) but is already a reality in the lives of these adults. Confirmation, then, is a deepening or reinforcement of *their own commitment to what already exists*. It is not an introduction, nor is it a ‘union carrying card’ allowing the confirmed to perform certain actions.

A person is confirmed *into* a particular parish community with the desire to be a fully committed member of the community; to contribute gifts and talents to that community. Coming to know the community is essential. *Participating with the parish community as it lives its life makes real the commitment.*

Program of Preparation:

- + An interview with each adult aids in determining the current status of his/her relationship to the Lord and to the Church and provides opportunity for individual spiritual guidance and direction
- + Signing up on the Formed.org website so that videos and programs can be accessed and viewed at home for later discussion at meetings.
- + Attendance at specific adult religious education events indicates the desired interest to prepare for the Sacrament

For example:

- * attendance at Lecture Series
- * attendance at the Parish Mission during Fall / Lent
- * attendance at the sessions which are of special interest / need
- * attendance at retreats

+ Participation in 1-2 service opportunities at Saint Ambrose Parish

+ Attendance at mini-retreat and final session

+ Confirmation event

+ Please let me know your availability

- ✓ Saturday mornings or afternoons
- ✓ Weekday mornings, afternoons or evenings